

PSHE Overview



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery Reception	Self regulation: My feelings	Building relationships - Health and wellbeing	Managing self: Taking on challenges	Self-regulation: Listening and following instructions	Building relationships: My family and friend	Managing self: My wellbeing
Year 1	Introduction Lesson Family and Relationships	Family and Relationships Health and Wellbeing	Health and Wellbeing Safety and the Changing Body	Safety and the Changing Body Citizenship	Citizenship Economic Well Being	Economic Well Being Transition Lesson
Year 2	Introduction Lesson Family and Relationships	Family and Relationships Health and Wellbeing	Health and Wellbeing Safety and the Changing Body	Safety and the Changing Body Citizenship	Citizenship	Economic Well Being Transition Lesson
Year 3	Introduction Lesson Family and Relationships	Family and Relationships Health and Wellbeing	Health and Wellbeing Safety and the Changing Body	Safety and the Changing Body Citizenship	Citizenship	Economic Well Being Transition Lesson
Year 4	Introduction Lesson Family and Relationships	Family and Relationships Health and Wellbeing	Health and Wellbeing Safety and the Changing Body	Safety and the Changing Body	Citizenship	Citizenship Economic Well Being Transition Lesson

<p>Year 5</p>	<p>Introduction Lesson</p> <p>Family and Relationships</p>	<p>Family and Relationships</p> <p>Health and Wellbeing</p>	<p>Health and Wellbeing</p> <p>Safety and the Changing Body</p>	<p>Safety and the Changing Body</p> <p>Citizenship</p>	<p>Citizenship</p> <p>Economic Well Being</p>	<p>Economic Well Being</p> <p>Transition Lesson: Roles and Responsibilities</p>
<p>Year 6</p>	<p>Introduction Lesson</p> <p>Family and Relationships</p>	<p>Family and Relationships</p> <p>Health and Wellbeing</p>	<p>Health and Wellbeing</p> <p>Safety and the Changing Body</p>	<p>Safety and the Changing Body</p> <p>Citizenship</p>	<p>Citizenship</p> <p>Economic Well Being</p>	<p>Economic Well Being</p> <p>Identity</p> <p>Transition Lesson: Dealing with change</p>